



THE PAS SKATING CLUB 2019-20

CanSkate Program

The CanSkate Program is a learn-to-skate program designed to develop basic skating skills. CanSkate targets children who either have some skating experience (can stand and glide), or age 4 and older. Skaters develop fundamental skating movements, play games to practice skills and receive badges as they progress through stages and skills. The program concludes with a year-end review that allows skaters to showcase their skating development in a fun and positive way. Skaters in CanSkate must wear hockey skates or figure skates and a helmet (**CSA-approved hockey helmet**). Each session is 45 minutes in length. Please note: some Saturdays there will be no skating due to scheduled hockey tournaments.

Location: RHJ Arena

Schedule:

Wednesdays 5:15 pm – 6:00 pm
Saturdays 12:15 pm – 1:00 pm

Start Date: October 2, 2019
End Date: March 15, 2020
Year-End Review: March 15, 2020

A monthly calendar will be available on The Pas Skating Club's bulletin board located in the Arena hallway and one will also be posted in The Pas Skating Club's glass bulletin board located at the main entrance.

Schedule is subject to change. Please check The Pas Skating Club bulletin board at the rink for updated changes, or the Club website.

www.skatethepas.uplifterinc.com

Skate Canada Professional Coach: Sherry Hunter

Cost: \$265 program + \$36 Skate Canada Insurance + \$60 Fundraising Fee = \$361.00